

REMEMBER TO SUBSCRIBE TO [CAFE DELITES NEWSLETTER](#) FOR FREE AND RECEIVE FRESH RECIPE NOTIFICATIONS DELIVERED INTO YOUR INBOX!

If you try a recipe, please use the hashtag [#cafedelites](#) on [INSTAGRAM](#) for a chance to be featured! FOLLOW CAFE DELITES ON [FACEBOOK](#) | [INSTAGRAM](#) | [PINTEREST](#) | [TWITTER](#) FOR ALL OF THE LATEST CONTENT, RECIPES AND UPDATES.

Brown Sugar Mustard Glazed Ham

★★★★★
4.94 from 157 votes

Prep Time

15 mins

Cook Time

1 hr 15 mins

Total Time

1 hr 30 mins

The most perfect sticky glaze is slathered all over this juicy, tender Brown Sugar Mustard Glazed Ham, with crisp edges and an incredible flavour. Don't even be intimidated by a ham this season, with all the tips and tricks you need right here!

Course: Christmas, Dinner, Easter, Thanksgiving

Cuisine: American

Servings: 25 - 30 people

Calories: 390 kcal

Author: Karina



Ingredients

- 8-10 pound (4-5 kg) bone-in fully cooked ham,
- 1/2 cup water
- 1/2 cup unsalted butter, reduce fat or full fat
- 1 cup brown sugar
- 1/2 cup honey
- 2 tablespoons Dijon mustard
- 1/4 teaspoon ground cinnamon
- 1/4 teaspoon ground cloves
- 4 cloves garlic, smashed

Instructions

1. Preheat the oven to 300°F | 150°C and arrange a rack in the lower third. Remove any plastic packaging or netting from the ham. Trim away the rind and discard. Set the ham aside to rest at room temperature for 1-2 hours.
2. Line a baking tray or dish with several sheets of aluminium foil or parchment paper if you prefer (it will make cleanup a lot easier).
3. Remove the rind or skin of the ham (refer to steps in post), ensuring you leave the fat on. Using a sharp knife score a 1-inch-wide diamond pattern (don't cut more than 1/4 inch deep) over the entire ham. Place the ham in the baking tray; pour 1/3 cup of water into the base of the pan and cover the ham with two pieces of foil or parchment paper and bake for 30 minutes.
4. Meanwhile, heat the butter in a small pot or saucepan over medium heat until golden browned. Add in the brown sugar, honey, mustard, cinnamon and cloves, stirring to mix together well until the brown sugar has completely dissolved, (about 2 minutes).
5. Reduce heat to low and add in the garlic. Allow it to become fragrant, cooking for a further minute or two until the glaze just begins to simmer, then set it aside and let cool to lukewarm (the glaze should be the consistency of room-temperature honey).
6. After 30 minutes baking time, carefully remove the ham from the oven and increase the oven temperature to 425°F | 220°C. Discard the foil or parchment paper and pour 1/3 of the glaze all over the ham, brushing in between the cuts to evenly cover. Return to the oven and bake uncovered for 15 minutes.
7. Remove from the oven, brush with another third of the glaze and some of the pan juices, and repeat again after 15 minutes more minutes of baking until a dark golden-brown crust has formed, (about 30 minutes

total). For added depth of flavour, mix some of the ham pan juices together with the glaze in the pot which will help keep it runny enough for brushing. If your crust is still pink after there suggested baking time, turn on your broiler (or oven grill), and allow it to broil for 2-5 minutes, while keeping an eye on it so it doesn't burn from the sugar.

8. Let the ham rest 10-20 minutes before slicing.

Recipe Notes

If your glaze has been over simmered and begins to thicken between each baste, add some of the pan juices to it and heat it up over low heat until it warms through and is the consistency of warmed honey.

Nutrition Facts	
Brown Sugar Mustard Glazed Ham	
Amount Per Serving	
Calories 390	Calories from Fat 162
% Daily Value*	
Total Fat 18g	28%
Saturated Fat 10g	50%
Cholesterol 99mg	33%
Sodium 1740mg	73%
Potassium 433mg	12%
Total Carbohydrates 15g	5%
Sugars 14g	
Protein 31g	62%
Vitamin A	2.3%
Vitamin C	0.2%
Calcium	2.1%
Iron	7.7%

* Percent Daily Values are based on a 2000 calorie diet.

© 2017 CAFE DELITES. All rights reserved. All images & content are copyright protected. Please do not use my images without prior permission. If you want to share this recipe, please provide a link back to this post for the original recipe.